

# **NEWS RELEASE**

EXHIBIT 99.1

## National Western Life Group, Inc. Announces 2023 First Quarter Earnings

Austin, Texas, May 15, 2023 - Ross R. Moody, Chairman of the Board, President, and Chief Executive Officer of National Western Life Group, Inc. (Nasdaq: NWLI), announced today first quarter 2023 consolidated net earnings of \$12.3 million, or \$3.48 per diluted share of Class A Common Stock, compared with restated consolidated net earnings of \$97.6 million, or \$27.59 per diluted share of Class A Common Stock, for the quarter ended March 31, 2022. The Company's book value per share as of March 31, 2023 increased to \$634.27.

Publicly traded life insurance companies were required to adopt a new accounting standard effective January 1, 2023, requiring retroactive restatement of previously reported financial statement results. The transition date for the adoption of the new accounting guidance, "Targeted Improvements to the Accounting for Long-Duration Contracts" (LDTI), was January 1, 2021.

LDTI requires a separate liability to be established for Market Risk Benefits and to report changes in the liability balance through net earnings. Market risk benefits include certain contract features on the Company's annuity products that provide minimum guarantees to policyholders, such as guaranteed minimum withdrawal benefits. For the quarters ended March 31, 2023 and 2022, pretax earnings expense/(benefit) pertaining to Market Risk Benefits was \$37.0 million and \$(61.0) million, respectively. Commenting on the effect of this accounting treatment, Mr. Moody noted, "The Market Risk Benefits reporting requirement introduces a new degree of volatility to Company earnings caused by this liability being reported on a fair value basis. As fair value is predominantly dictated by interest rate levels in effect at each reporting date, an increase in interest rates creates a benefit as was the case for the first quarter of 2022, while a decrease in interest rate levels causes a charge against earnings as was the situation in the first quarter of 2023."

The Company reported a 10% increase in total revenues in the first quarter of 2023 over the prior year first quarter. Excluding market value fluctuations associated with the Company's derivative instruments, index options and funds withheld reinsurance, net investment income increased from \$90.0 million in the quarter ended March 31, 2022 to \$91.5 million in the first quarter of 2023. Mr. Moody stated, "Despite a slightly lower investment asset base, we saw increased returns both in new bond purchase yields and in our continued diversification into alternative investment vehicles, without any slippage in credit quality."

Improvements in policy benefit and other operating expenses positively contributed to the first quarter 2023 results. "We had a very good quarter in terms of mortality experience, and we achieved expense savings in several areas compared to the first quarter of 2022," Mr. Moody indicated.

National Western Life Group, Inc. is the parent organization of National Western Life Insurance Company, which is the parent organization of Ozark National Life Insurance Company, both stock life insurance companies in aggregate offering a broad portfolio of individual universal life, whole life and term insurance plans, as well as annuity products. At March 31, 2023, the Company maintained consolidated total assets of \$12.8 billion, consolidated stockholders' equity of \$2.3 billion, and combined life insurance in force of \$19.3 billion.

#### Caution Regarding Forward-Looking Statements:

This press release contains statements which are or may be viewed as forward-looking within the meaning of The Private Securities Litigation Reform Act of 2005. Forward-looking statements relate to future operations, strategies, financial results or other developments, and are subject to assumptions, risks, and uncertainties. Factors that may cause actual results to differ materially from those contemplated in these forward-looking statements can be found in the Company's Form 10-K filed with the Securities and Exchange Commission. Forward-looking statements speak only as of the date the statement was made and the Company undertakes no obligation to update such forward-looking statements. There can be no assurance that other factors not currently anticipated by the Company will not materially and adversely affect our results of operations. Investors are cautioned not to place undue reliance on any forward-looking statements made by us or on our behalf.

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### Summary of Consolidated Financial Results (Unaudited)

(In thousands except per share data)

Realized and unrealized gains (losses) on index options         2,933         (38,19)           Realized gains on investments         67         3,79           Total revenues         152,614         138,25           Benefits and expenses:           Life and other policy benefits         24,190         33,51           Market risk benefit expense         36,960         61,00           Amortization of deferred transaction costs         21,274         23,43           Universal life and annuity contract interest         30,212         (13,57)           Other operating expenses         24,683         32,58           Total benefits and expenses         137,319         14,95           Earnings before income taxes         15,295         123,30           Income tax expense         2,991         25,73           Net earnings         3 12,304         97,56           Net earnings attributable to Class A shares         \$ 11,956         94,80           Diluted Earnings Per Class A Shares         \$ 3,43         27.5           Diluted Weighted Average Class A Shares         3,436         3,43           Book value per share         634.27         602.5			Three Months Ended	
Revenues:         Revenues, excluding investment and index option gains (losses)         \$ 149,614         172,65           Realized and unrealized gains (losses) on index options         2,933         (38,19)           Realized gains on investments         67         3,79           Total revenues         152,614         138,25           Benefits and expenses:           Life and other policy benefits         24,190         33,51           Market risk benefit expense         36,960         (61,00           Amortization of deferred transaction costs         21,274         23,43           Universal life and annuity contract interest         30,212         (13,57           Other operating expenses         24,683         32,58           Total benefits and expenses         137,319         14,95           Earnings before income taxes         15,295         123,30           Income tax expense         2,991         25,73           Net earnings         \$ 12,304         97,56           Net earnings attributable to Class A shares         \$ 11,956         94,80           Diluted Weighted Average Class A Shares         \$ 3,43         27.5           Book value per share         634.27         602.5		_	Marc	
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Benefits and expenses:           Life and other policy benefits         24,190         33,51           Market risk benefit expense         36,960         (61,00           Amortization of deferred transaction costs         21,274         23,43           Universal life and annuity contract interest         30,212         (13,57           Other operating expenses         24,683         32,58           Total benefits and expenses         137,319         14,95           Earnings before income taxes         15,295         123,30           Income tax expense         2,991         25,73           Net earnings         \$ 12,304         97,56           Net earnings attributable to Class A shares         \$ 11,956         94,80           Diluted Earnings Per Class A Shares         \$ 3,48         27.5           Diluted Weighted Average Class A Shares         3,436         3,43           March 31, 2023         2022           Book value per share         634.27         602.5	Realized gains on investments	_	67	3,794
Life and other policy benefits       24,190       33,51         Market risk benefit expense       36,960       (61,00         Amortization of deferred transaction costs       21,274       23,43         Universal life and annuity contract interest       30,212       (13,57         Other operating expenses       24,683       32,58         Total benefits and expenses       137,319       14,95         Earnings before income taxes       15,295       123,30         Income tax expense       2,991       25,73         Net earnings       \$ 12,304       97,56         Net earnings attributable to Class A shares       \$ 11,956       94,80         Diluted Earnings Per Class A Shares       \$ 3,43       27.5         Diluted Weighted Average Class A Shares       3,436       3,43         Book value per share       634,27       602,5	Total revenues	_	152,614	138,253
Market risk benefit expense       36,960 (61,00 Amortization of deferred transaction costs       21,274 23,43         Universal life and annuity contract interest       30,212 (13,57 Other operating expenses       24,683 32,58 Total benefits and expenses       137,319 14,95         Earnings before income taxes       15,295 123,30 Income tax expense       2,991 25,73 Net earnings       12,304 97,56 Section of the earnings attributable to Class A shares       \$ 12,304 97,56 Section of the earnings attributable to Class A shares       \$ 3,48 27.5 Section of the earnings of	Benefits and expenses:			
Amortization of deferred transaction costs         21,274         23,43           Universal life and annuity contract interest         30,212         (13,57           Other operating expenses         24,683         32,58           Total benefits and expenses         137,319         14,95           Earnings before income taxes         15,295         123,30           Income tax expense         2,991         25,73           Net earnings         \$ 12,304         97,56           Net earnings attributable to Class A shares         \$ 11,956         94,80           Diluted Earnings Per Class A Shares         \$ 3,436         3,43           Diluted Weighted Average Class A Shares         3,436         3,43           Book value per share         634.27         602.5	Life and other policy benefits		24,190	33,512
Universal life and annuity contract interest       30,212       (13,57         Other operating expenses       24,683       32,58         Total benefits and expenses       137,319       14,95         Earnings before income taxes       15,295       123,30         Income tax expense       2,991       25,73         Net earnings       \$ 12,304       97,56         Net earnings attributable to Class A shares       \$ 11,956       94,80         Diluted Earnings Per Class A Shares       \$ 3,43       27.5         Diluted Weighted Average Class A Shares       3,436       3,43         March 31, December 3       2023       2022         Book value per share       634.27       602.5	Market risk benefit expense		36,960	(61,006)
Other operating expenses         24,683         32,58           Total benefits and expenses         137,319         14,95           Earnings before income taxes         15,295         123,30           Income tax expense         2,991         25,73           Net earnings         \$ 12,304         97,56           Net earnings attributable to Class A shares         \$ 11,956         94,80           Diluted Earnings Per Class A Share         \$ 3,43         27.5           Diluted Weighted Average Class A Shares         3,436         3,43           March 31,         December 3         2023         2022           Book value per share         634.27         602.5	Amortization of deferred transaction costs		21,274	23,436
Total benefits and expenses         137,319         14,95           Earnings before income taxes         15,295         123,30           Income tax expense         2,991         25,73           Net earnings         \$ 12,304         97,56           Net earnings attributable to Class A shares         \$ 11,956         94,80           Diluted Earnings Per Class A Shares         \$ 3,48         27.5           Diluted Weighted Average Class A Shares         3,436         3,43           March 31, December 3: 2023         2022           Book value per share         634.27         602.5	Universal life and annuity contract interest		30,212	(13,571)
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Income tax expense         2,991         25,73           Net earnings         \$ 12,304         97,56           Net earnings attributable to Class A shares         \$ 11,956         94,80           Diluted Earnings Per Class A Share         \$ 3.48         27.5           Diluted Weighted Average Class A Shares         3,436         3,43           March 31, 2023         December 3: 2022           Book value per share         634.27         602.5	Total benefits and expenses		137,319	14,952
Net earnings         \$ 12,304         97,56           Net earnings attributable to Class A shares         \$ 11,956         94,80           Diluted Earnings Per Class A Share         \$ 3.48         27.5           Diluted Weighted Average Class A Shares         3,436         3,43           March 31, December 3: 2023         2022           Book value per share         634.27         602.5	Earnings before income taxes		15,295	123,301
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Diluted Earnings Per Class A Share         \$ 3.48         27.5           Diluted Weighted Average Class A Shares         3,436         3,436           March 31, 2023         December 3 2022           Book value per share         634.27         602.5	Net earnings	\$_	12,304	97,562
Diluted Weighted Average Class A Shares         3,436         3,436           March 31, 2023         December 3 2022           Book value per share         634.27         602.5	Net earnings attributable to Class A shares	\$=	11,956	94,803
March 31, December 33 2023 2022  Book value per share 634.27 602.5	Diluted Earnings Per Class A Share	\$	3.48	27.59
Book value per share         2023         2022           634.27         602.5	Diluted Weighted Average Class A Shares	_	3,436	3,436
Book value per share 634.27 602.5			March 31,	December 31,
1		_		
1	Book value per share		634.27	602.56
Less. Fer share impact of accumulated other complehensive income (10ss) (10s.19) (10s.19)	Less: Per share impact of accumulated other comprehensive income (loss)		(103.19)	(131.52)
		_		734.08

<sup>\*</sup> Book value per share excluding accumulated other comprehensive income (loss) is a non-GAAP financial measure. Accumulated other comprehensive income (loss) totaled \$(375.2) million at March 31, 2023 and \$(478.2) million at December 31, 2022. Since accumulated other comprehensive income (loss) fluctuates from quarter to quarter due to unrealized changes in the fair value of investments caused primarily by changes in market interest rates, National Western Life Group, Inc. believes this financial measure provides useful supplemental information.

Investor Relations Contact:

Brian M. Pribyl - Senior Vice President, Chief Financial Officer and Treasurer (512) 836-1010 bpribyl@nwlic.com

www.nwlgi.com