

NEWS RELEASE

EXHIBIT 99.1

National Western Life Group, Inc. Announces 2023 Second Quarter Earnings

Austin, Texas, August 8, 2023 - Ross R. Moody, Chairman of the Board, President, and Chief Executive Officer of National Western Life Group, Inc. (Nasdaq: NWLI), announced today second quarter 2023 consolidated net earnings of \$29.6 million, or \$8.38 per diluted share of Class A Common Stock, compared with restated consolidated net earnings of \$96.5 million, or \$27.30 per diluted share of Class A Common Stock, for the second quarter ended June 30, 2022. For the six months ended June 30, 2023, the Company reported consolidated net earnings of \$41.9 million, or \$11.86 per diluted share of Class A Common Stock, compared with \$194.1 million, or \$54.89 per diluted share of Class A Common Stock, a year ago. The Company's book value per share as of June 30, 2023 increased to \$626.57.

The Company's financial statements, including the comparable periods for 2022, were prepared in accordance with the new required accounting standard, Accounting for Long-Duration Contracts, referred to as "LDTI." One of the LDTI requirements is the setting liability balances for certain contract features that have Market Risk Benefits based upon interest rates on the reporting period date. Any changes in those liabilities go through net earnings. If the interest rates change from period to period, the Market Risk Benefits liabilities also fluctuate and impact net earnings, introducing variability in reported results. In the quarters ended June 30, 2023 and 2022, the Company's pretax earnings expense/ (benefit) pertaining to Market Risk Benefits were \$(0.8) million and \$(55.5) million, respectively. For the six months ended June 30, 2023 and 2022, the pretax earnings expense/(benefit) from Market Risk Benefits liability changes were \$36.2 million and \$(116.5) million.

Following the announcement on May 16, 2023 that the Company's Board of Directors was exploring strategic alternatives, the publicly traded price per share of the Company's Class A Common Stock increased significantly in the second quarter, moving from \$281.00 at December 31, 2022 and \$242.62 at March 31, 2023 to \$415.56 at June 30, 2023. The Company's period end Class A Common Stock price is a primary input used for establishing liabilities for outstanding share-based equity awards at each date with the change in liability reported in pretax earnings. Included in the Company's Other operating expenses for the three and six months ended June 30, 2023 are pretax expenses associated with share-based equity awards of \$34.6 million and \$32.3 million, respectively.

Commenting on the results for the reporting period, Mr. Moody observed, "Unfortunately, these accounting conventions masked the hard work and progress we have made so far in 2023. We have released competitive new products into distribution channels that we have not previously been in, and we have managed to do this while decreasing our administrative cash expenditures compared to last year."

National Western Life Group, Inc. is the parent organization of National Western Life Insurance Company, which is the parent organization of Ozark National Life Insurance Company, both stock life insurance companies in aggregate offering a broad portfolio of individual universal life, whole life and term insurance plans, as well as annuity products. At June 30, 2023, the Company maintained consolidated total assets of \$12.5 billion, consolidated stockholders' equity of \$2.3 billion, and combined life insurance in force of \$18.9 billion.

Caution Regarding Forward-Looking Statements:

This press release contains statements which are or may be viewed as forward-looking within the meaning of The Private Securities Litigation Reform Act of 2005. Forward-looking statements relate to future operations, strategies, financial results or other developments, and are subject to assumptions, risks, and uncertainties. These risks and uncertainties also include, (1) the timing of the strategic alternatives review, (2) the outcome of the strategic alternatives review, including whether any transaction occurs at all, (3) if a transaction does occur, the form (cash, securities or other consideration) and the amount of the consideration, if any, paid to the Company's stockholders, and (4) if a definitive agreement for a transaction is signed with another party, whether the conditions to closing are satisfied, including any necessary insurance regulatory or other approvals. The foregoing review of important factors should not be construed as exhaustive and should be read in conjunction with the other cautionary statements that are included herein and elsewhere, including the risk factors included in the Company's most recent Annual Report on Form 10-K and Quarterly Report on Form 10-Q and other documents of the Company on file with the SEC. The Company and/or any person acting on its behalf are expressly qualified in their entirety by this section.

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Summary of Consolidated Financial Results (Unaudited)

(In thousands except per share data)

| | | Three Months Ended June 30, | | Six Months Ended June 30, | |
|---|----|--------------------------------|----------|------------------------------|--------------|
| | | 2023 | 2022 | 2023 | 2022 |
| Revenues: | | | | | |
| Revenues, excluding investment and index option gains (losses) | \$ | 164,183 | 154,939 | 313,797 | 327,596 |
| Realized and unrealized gains (losses) on index options | | 21,968 | (38,425) | 24,901 | (76,623) |
| Realized gains on investments | | 26 | 1,766 | 93 | 5,560 |
| Total revenues | | 186,177 | 118,280 | 338,791 | 256,533 |
| Benefits and expenses: | | | | | |
| Life and other policy benefits | | 32,688 | 26,200 | 56,878 | 59,713 |
| Market risk benefit expense | | (788) | (55,492) | 36,172 | (116,498) |
| Amortization of deferred transaction costs | | 22,000 | 22,500 | 43,274 | 45,936 |
| Universal life and annuity contract interest | | 32,947 | (26,198) | 63,159 | (39,769) |
| Other operating expenses | | 62,443 | 30,323 | 87,126 | 62,903 |
| Total benefits and expenses | | 149,290 | (2,667) | 286,609 | 12,285 |
| Earnings before income taxes | | 36,887 | 120,947 | 52,182 | 244,248 |
| Income tax expense | | 7,253 | 24,420 | 10,244 | 50,159 |
| Net earnings | \$ | 29,634 | 96,527 | 41,938 | 194,089 |
| Net earnings attributable to Class A shares | \$ | 28,796 | 93,797 | 40,752 | 188,600 |
| Diluted Earnings Per Class A Share | \$ | 8.38 | 27.30 | 11.86 | 54.89 |
| Diluted Weighted Average Class A Shares | _ | 3,436 | 3,436 | 3,436 | 3,436 |
| | | | | June 30, | December 31, |
| | | | | 2023 | 2022 |
| | | | | | |
| Book value per share | | | \$ | 626.57 | 602.56 |
| Less: Per share impact of accumulated other comprehensive income (loss) | | | | (119.05) | (131.52) |
| Book value per share, excluding accumulated other comprehensive income (loss) * | | | \$ | 745.62 | 734.08 |
| | | | | | |

Book value per share excluding accumulated other comprehensive income (loss) is a non-GAAP financial measure. Accumulated other comprehensive income (loss) totaled \$(432.9) million at June 30, 2023 and \$(478.2) million at December 31, 2022. Since accumulated other comprehensive income (loss) fluctuates from quarter to quarter due to unrealized changes in the fair value of investments caused primarily by changes in market interest rates, National Western Life Group, Inc. believes this financial measure provides useful supplemental information.

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